

RECIPE FOR THE PRECIOUS WATER CIRCLE

BY FLOATING ~~UNIVERSITY~~ + SALVE SARACURA

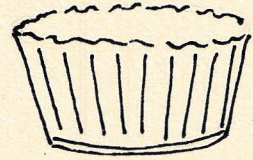
+ GROUND ATLAS

Description

This ritual creates a reflective space for people to connect through the shared experience of water. It's a simple but powerful way to foster community and environmental awareness.

Ingredients

- 1 GLASS BOWL
- 1 Water
- 5+ People



Preparation

1. Find a Special Bowl

Look for a glass bowl that feels precious, meaningful, and large enough to hold with both hands.

2. Choose the Water

Fill the bowl with water that is rare or holds life within it.

3. Gather People

Invite a group you don't know very well but would like to spend time with. Sit together on the ground in a circle, with the bowl of water placed in the center.

4. Share the Story of the Water

The person who begins the ceremony should carefully lift the bowl, cradling in both hands. Share with the group the significance of the water. Explain why this water is special - whether it's because of where it came from, the life it contains, or the journey it took.

5. The Message: "Not a drop should be spilled"

Explain to the group the importance of treating the water with reverence. Every drop is precious.

6. Share Your Water Story

Tell your name and water connection. Tell the group about your personal connection - what you like to drink, how water plays a role in your life.

7. Pass The Bowl

Once you've shared, pass the bowl to the person on your left or right. The next person should hold the bowl with the same care.

8. Continue The Circle

Each person should take a turn holding the bowl, sharing their water connection, and passing it on.

9. Close The Circle

Take a moment and reflect together.