

RECIPE FOR THE WATERSTORIES BOTTLE

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Description

The act of gifting water, wrapped in a story, can weave a precious web of shared connections to our planet

Ingredients

- 1 glass or plastic bottle
0,5L
- 1 water from a river, a lake, a retention basin, the sea
0,5L
- 1 piece of paper
pens, glue, scissors

Preparation

1 Prepare the Bottle

- Material: Take a clean glass or plastic bottle
- Fill it: Fill it with water. If you have a special water mix, you can use that too
- Seal: Close the bottle tightly



2 Create a fancy name for the Water

Think of an unique, meaningful name for the water. Let it reflect something personal or spiritual



3 Design the Label

On the label, draw something that connects you to the water body.

4 Write the Back Label

On the back, write the ingredients of your water and include your name



5 Write a Letter

Write a letter that describes your connection with the water body or you wish for water and the planet.



6 Find a Waterbody and Pass it On.

- Bring the bottle and letter to another water body that holds significance to you.
- Find people who care about the water or the environment.
- Read your letter aloud to them.
- Gift the bottle, and ask them to fill another one with water from that new location, write their own letter, and pass it forward.



7 Spread the Stories

Ask the person who receives the bottle to share the story and bring it to others. Let the cycle of water stories continue.